

Lorraine “Rain” Stippec

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EDUCATION

Washington University St. Louis, MO

Anticipated May 2026

Master of Fine Arts Degree in Dance

Professors: Dr. Joanna Dee Das, Antonio Douthit-Boyd, Kirven Douthit-Boyd, Elinor Harrison, Cecil Slaughter, David Marchant, Erin Morris, Ashley Haman, Diadie Bathily, Dr. Esther Kurtz

Webster University St. Louis, MO

December 2012

Bachelor of Fine Arts Degree in Dance, Modern emphasis

Magna Cum Laude

Leigh Gerding College of Fine Arts Department of Dance Honors

Professors: Beckah Reed (Voigt), Maggi Dueker (Konkel), Michael Uthoff, Alicia Graf Mack, James Robey, Mariko Kumanomido, Leonard Cruz, Kathy Diehl, Iyun Harrison, Jimena Paz, Jan Cosby (Feager), Dawn Karlovsky, Mary Ann Rund, Monica Newsam, Kirk Peterson & Sally Bliss

ACADEMIC EXPERIENCE

Washington University St. Louis, MO

MFA Dance Concert

2025-2026

- “Trauma’s Tapestry”

Directed, produced, choreographed, and performed in full-length work including contemporary movement, tap dancing and live painting based on developed research in affect theory, PTSD, dance and movement therapy, color theory and rhythm under advisement and guide of Dr. Joanna Dee Das.

Washington University Dance Collective

2025

- “sharing [silence]”, choreographer under the direction of Cecil Slaughter

Graduate Student Substitute Faculty

2024

- Fundamentals of Jazz Dance: Jazz Roots and Improvisation, fall semester

Teaching Assistant

2025

- History of Jazz music, spring semester

Washington University Dance Theatre Concert

2024

- “habit-at/us”, choreographed by Elinor Harrison

MFA Thesis Final Project Presentation

2020

- “Vows of Melancholy”, choreographed by Leah Robertson under the direction of Christine Noblauch-O’Neal

Guest Lecturers

Annie Rigley, William Crowley, Ron K. Brown, Stephanie Martinez, Jamar Roberts, Adanna Kai-Jones, Monica Weiss, and Robert Poe

Webster University St. Louis, MO

Summer Intensive Faculty Tap classes for Junior and Senior Intensives

2023-2025

New Works Concert

Fall 2021

- “Working a City Beat”

Residency choreographer in alumni centered concert. Commissioned to choreograph an ensemble tap piece under the direction of Beckah Reed and Maggi Dueker.

Substitute Faculty Instructed for dance courses for majors and non-majors in Tap I, Tap II, Ballet I

2013-2016

Department of Dance Associate

2013-2016

Administrative duties, scheduling, publicity, contract management, and production support.

Webster University Dance Ensemble Concerts

- “[better] Together”

2024

Residency choreographer commissioned to present a master class and lecture in conjunction with

choreography for an ensemble tap piece under the direction of Xi Xhao and Maggi Dueker.

- Ensemble, rehearsal director and featured soloist* 2009-2013
 - Stand Still* Jennifer Huffman/Omar Olivas
 - Reflections on the Water* Michael Uthoff
 - A series of singular events James Robey
 - NOVA* Maurya Kerr
 - Vivir Para el Ritmo Heather Brown
 - Hasta La Vista (Rehearsal Director) Michael Uthoff
 - Ode to Jose Michael Uthoff
 - Velitations of the Friendly Kind* Kathy Diehl
 - Dark Elegies* Antony Tudor
 - Another Izembra* Anthony Douthit/Kirven Boyd
 - Impetus Maggi Dueker
 - Caged Beckah Reed

Bachelor of Fine Arts Concerts

- Something About Women: capstone - choreographer, soloist and producer 2012
 - Concealment of Protruding Ambiguity
 - Atargatis Thessalonike, and Ariel
 - The Elephant in the Room
- Redemption 2011
- From a Journey of Fables 2010
- Canvassed Reflections 2009

Creations Concerts

2010-2012

Student produced and choreographed productions. Selected choreographed pieces: Shibby, The News, Fever, Black Ribbon, Backwards and in High Heels, Things I'll Never Say

Guest Lecturers and Residencies

2009-2013

Nile Russell, Heather Brown, Tebogo Shultz, Hope Boykin, Stacey West, Ting-Ting Chang, Kirk Peterson, Eve Mason, Anthonio Douthit, Kirven Boyd, Keith Tyron Williams, Redd Williams, Paula David, Ryan Blackwell Rose, Benoit-Swan Pouffer, Jennifer Medina, Anne Thomasson, Jay Staten, and Diana Barrios.

PROFESSIONAL EXPERIENCE

Dancers Making Moves Project St. Louis, MO 2025

1 of 24 dancers selected for a multimedia series capturing the essence of a dancer through photography and videography, culminating in a podcast and final performance directed by Carly Vanderyheyden

Weissmans Dancewear Solutions St. Louis, MO

2023-present

Photo and video choreography team

STL Rhythm Collaborative St. Louis, MO

2021-present

Nonprofit organization STLRC houses St. Louis' only professional tap dance company - moSTly TAP! under the Direction of Maria Majors, a PreProfessional Ensemble, and a Youth Ensemble.

moSTly TAP!

2021-present

Performs, teaches and choreographs for the organization. Selected performances include:

- Pockets of the Big Easy 2025
- Raise Your Standards 2024
- moSTly Holidays 2023, 2024
- Live at the Last Hotel 2023
- Dance Magazine's 25 to Watch: Live 2023
- St. Louis Magazine's Best Dance Company 2023
- Latin Pulse, accompanied by Acoustik Element 2022, 2023
- Chicago Human Rhythm Project's Rhythm World Festival (Dir. Jumaane Taylor) 2023
- In Due Time: A Live Music and Tap Dance Tribute to The Dave Brubeck Quartet 2021-2023

- St. Louis Thanksgiving Day Parade 2021-2023
- Union Station's Polar Express in part with Salvation Army Bell Ringers 2021

STLRC PreProfessional Ensemble Director

2022-2025

The PreProfessional Ensemble is made up of tap dancers ages 14 and up who are seeking opportunities to further their tap dance education. The directorship includes creating and presenting a summer workshop, a fall class series, and seeking performance opportunities for the group. Students get to engage in master classes with renowned faculty, learn works from moSTLy Tap company members, and participate in supplemental courses to enhance their tap dance history, body awareness and conditioning, and their ability to pursue professional opportunities in dance.

Teacher and Choreographer Midwest Region

2004-present

Teach and Choreograph for recreational and competitive students of all ages in a variety of dance styles for studios across Missouri and Illinois area including:

- STL Rhythm Collaborative
- Launch Pointe Dance
- Professional Dance Company
- Fusion Dance Center
- St. Peter's Academy of Dance
- The Professional Dance Center
- The Movement Arts Center
- Charmette Academy of Dance
- St. Louis Academy of Dance
- Heavenly Rhythm
- Excel Performing Arts Center
- Imagine Dance Project
- STL Performance Academy
- Fluid Motion Dance Academy
- The Dance Network
- Central Studio
- Renee Johnson's Dance Studio
- Dance Productions Unlimited
- Performing Arts Centre
- Formations Dance Academy
- The Dance Project Farmington
- Denoyer Dance
- Taylor's Academy of Dance
- Inertia School of Dance, Inc.
- On Your Toes Dance Studio
- MJ's Academy of Dance

Choreography and students have been recognized regionally and nationally at dance competitions and conventions with high score awards and scholarships.

Dine on Dance St. Louis, MO

2014, 2023, 2024

Performing dance artist in St. Louis' Grand Center Arts District afternoon outdoor presentations

Adjudication Experience Regional & National

Turn It Up Dance Challenge

2024

Celebration Talent Competition

2023-2024

Judge, Backstage Manager, and Convention Faculty for regional season and Duluth, MN nationals

Miss America Organization

2019, 2023

Adjudicator and Performing Artist for Miss Missouri Outstanding Teen Preliminaries: River City & Metro St. Louis

Triple S Dance Competition

2015

America's Birthday Parade St. Louis, MO

2022-2024

Assisted Hawk Productions in the production, choreography, and presentation of the 139th and 140th parades. Associate Producer for the presentation of the 141st parade.

Delure Models + Talent National

2022

PBR Bar Entertainment Manager/Artistic Director St. Louis, MO

2016-2017

Dance Choreographer and Dynamics Director for PBR Bar St. Louis, Ballpark Village. Consulted for entertainment concept creation, production, and management through Entertainment Consulting International. Working exclusively with PBR's Buckle Bunnies & Cowboys to produce quality interactive entertainment ranging from appearances, comedic sketches, theatrical performances, and dance sets.

Champagne Creative Group, Inc. National

2015-2017

Performer and Showgirl for special location events

Kranzberg Arts Center St. Louis, MO

2016

Performing dance artist in commissioned concert "The Living Space", directed by Melanie Harvengt

Contemporary Productions St. Louis, MO

2014-2015

Choreographer, director, and costume designer/creator for Taubman Prestige Outlets' Holiday Tree Lighting Events

Artists In Training St. Louis, MO	2015
Presented a dance master class sponsored by Opera Theatre St. Louis for aspiring high school singers	
Sterling Plus Entertainment International	2013
Managed by Wizdom Truth, performed and choreographed with The Famous Crew hip hop crew on the Song & Song China tour	
Missouri Fashion Week St. Louis, MO	2013
Hip Hop performer with Famous Fresh	
The Boom Boom Room St. Louis, MO	2013
Jumpin' Jupiter Burlesque Cabaret Roadshow ensemble and soloist	
Satori Arts St. Louis, MO	2013
Featured tap trio in AnnonnyArts sponsored concert, Elements, choreographed by Leslie Murphy	

CONFERENCES, PRESENTATIONS, AND SPEAKING ENGAGEMENTS

Dance Studies Association

Indeterminate States: Bodies, Fields, Praxis Conference, Washington D.C.	2025
Presented research for paper, <i>Rhythms of Resilience: Dance as a Preventative Approach to PTSD from Gun Violence</i>	

International Human Rights Conference St. Louis, MO

- "Me and My Teddy Bear" 2010
Presented autochoreography, embodied research on child trafficking
- "Caged" 2011
Performed in ensemble piece choreographed by Beckah Reed

American College Dance Association

National College Dance Festival

George Washington University & Georgetown University, Washington D.C.	2025
<ul style="list-style-type: none"> ● Concert & selected Gala performance <ul style="list-style-type: none"> ○ Dune Alpha, choreographed by Elinor Harrison ● Informal Showing & Feedback Session <ul style="list-style-type: none"> ○ sharing [silence] (excerpt), autochoreography 	

Central Region College Dance Festival

University of Oklahoma, Norman OK	2025
<ul style="list-style-type: none"> ● Adjudicated Concert & selected Gala performance <ul style="list-style-type: none"> ○ Dune Alpha, choreographed by Elinor Harrison ● Conference class presenter <ul style="list-style-type: none"> ○ Intermediate/Advanced Tap ● Studio Showing <ul style="list-style-type: none"> ○ sharing [silence] (excerpt), autochoreography 	

Southeast Missouri State University, Cape Girardeau, MO	2013
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Missouri State University, Springfield, MO	2012
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- Informal Concert
 - Concealment of Protruding Ambiguity, autochoreography

Wichita State University, Wichita, KS	2011
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- Adjudicated Concert
 - Impetus, choreographed by Maggi Dueker

University of Illinois/Urbana-Champaign, Urbana, IL	2010
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Little Black Book 9 to 5 Corporate Chapter Leadership Team Event Coffee and Connections Keynote Speaker	2021
Women In Technology, Buffalo Chapter Community Event Woman of Steel: An Original Story, Motivational Speaker	2021
World Wide Technology, Women in Global Engineering Event Persevere Through Life's Constant Challenges, "Woman of Steel", special guest	2020

NETWORK & MEDIA

Dancers Making Moves Podcast s1e5, airdate March 14	2025
Cooking Channel Extra in "Food Paradise" s16e7, Epic Eats	2022
The CW Network My CW Story featured commercial	2021
Facebook Watch Red Table Talk episode, "How Gun Violence Affects Women", interview by Jada Pinkett-Smith	2020
Arts & Smalltalk Podcast Featured guest, Ep. 14 "Keepin' it Real" airdate Oct. 15	2019
St. Louis Public Radio Featured guest on <i>St. Louis On the Air</i> , "How The CommUNITY Arts Festival Uses Art Therapy To 'Heal' A City Scarred By Violence" airdate Sept. 3	2019
Radio Arts Foundation Featured guest, airdate Sept. 2	2019
Le Ballet Quotidien Leading Featured Dance Role, Claudius, in the dance film directed by Dre Concepcion	2014

THEATRICAL EXPERIENCE

Insight Theatre Company Choreographer for Intern Productions, directed by Susie Wall	
• Alice in Wonderland	2015
• The Wizard of Oz	2014
• Charlotte's Web	2013
• Seussical	2012
The Harvest Theatre Choreographer for The Andrews Brothers Musical directed by Joel Hackbarth	2013
Maryland Heights Community Center Choreographer for summer productions, directed by Joel Hackbarth	
• Joseph and the Amazing Technicolor Dreamcoat o Mrs. Potiphar	2013
• Once Upon a Mattress	2012

- Willy Wonka and the Chocolate Factory 2011
- Seussical 2010

The Fabulous Fox Theatre

2006-2011

Choreograph, Co-Choreograph, Direct & Perform as Fox Tellerette for Dancin' In the Streets Festival, The Fox Kids, Kid's Night on Broadway and charity events

The Muny

Chorus, Featured Chorus, Prop Crew, and Ensemble as well as selected as a Muny Kid Goodwill Ambassador

- The King and I Rob Ruggiero 2012
 - Uncle Thomas
- Jesus Christ Superstar Ron Gibbs 2005
- The Sound of Music Matt Lenz 2005
- Singin' in the Rain Arthur Masella 2005
- Annie Pamela Hunt 2004
- Peter Pan Thommie Walsh 2002
- Radio City Rockette Muny Spectacular Paul Blake 1998

Bravo Theatre Group

Choreographer/assistant choreographer* and performer

- A Funny Thing Happened on the Way to the Forum* 2008
 - Vibrata
- Godspell* 2007
 - Swing & Dance Captain
- 42nd Street 2006
- Reunion Revue 2005
- Dear Edwina 2005
 - Ramona
- Damn Yankees 2004
- How to Eat Like a Child 2004
- Footloose 2003
- Romantic Notions 2003
- Joseph and the Amazing Technicolor Dreamcoat 2002
- Broadway Musical Revue 2001
- George M.! 2001
- Music Man 2000
- Crazy for You 1999

PROFESSIONAL DEVELOPMENT

STL Rhythm Fest St. Louis, MO

2019-2025

STLRC annually hosts St. Louis Rhythm Fest, a tap dance festival which brings in world renowned faculty for a weekend of tap celebration, classes, jams and talkbacks. Assisted in hosting and taking classes from artists such as: Anthony Morigerato, Tre Dumas III, Lisa LaTouche, Sean Kaminski, Leah Silva, Leo Manzari, Nico Rubio, Elizabeth Burke, Christina Carminucci, Jenefer Miller, Sterling Harris, Donnetta Jackson, Chris Rutledge, Anthony Russo, Sydney Burtis and Tommy Wasiuta

DanceSTL St. Louis, MO

2023

Dorrance Dance Master Class with Christopher Broughton

Chicago Human Rhythm Project Chicago, IL

2022

Rhythm World Festival tap classes and performances

RIFF Dallas Dallas, TX	2022
Participated in four day tap festival featuring Joseph Wiggan, Maurice Chestnut, Christopher Broughton, Charles Renato, Star Dixon, Sam Weber, Elizabeth Burke, Derrick Grant, Michelle Dorrance, Sarah Reich, & Diane Walker	
Tap the Map St. Charles, MO	2019
Tap workshop featuring Anthony Russo, Jumaane Taylor, and Jason Janas	
moSTLy TAP! St. Louis, MO	2018-2019
Tap workshops bi-annually featuring Maria Majors, Chris Rutledge, Sydney Burtis, Tommy Wasiuta, Amy Gammon, Kelly Ging, and Megan Mayer	
D(n)A Arts Collective	2015
Workshop featuring dance classes with Alicia Graf Mack, Daisha Graf, and Redd Williams	
St. Louis Dance Theatre (STLDT) Summer Intensive St. Louis, MO	2014
Formerly, The Big Muddy Dance Company, audition acceptance for training under Paula David, Kam Saunders, Geoffrey Alexander, Ellen Reed, Morgan Scott Cameron, and Dustin Crumbaugh	
River North Dance Chicago , Chicago, IL	2010
Summer dance workshop taking classes in ballet, jazz, modern, contemporary, and repertoire	
AshleyLiane Dance Company St. Louis, MO	2007
Hip Hop workshop featuring Ashley Tate and Tabitha & Napoleon	
Dance Conventions & Master Classes	2002-2024
Classes, workshops and residencies with artists such as Mike Minery, Jeremy Fullam, Jeff Hancock, Frank Hatchet, Gregory Filler, Mark Goodman, Mandy Moore, Mia Michaels, Gil Stroming, Dee Caspary, Chris Judd, Eddie Garcia, Serena Soffer, Craig Hempstead, and Menina Fortunato.	

VOLUNTEER EXPERIENCE

Performances for: Salvation Army Bell Ringers, The Angel Band Project, CommUNITY Arts Foundation, EKHO Entertainment, Make-A-Wish Foundation, Leukemia Lymphoma Society, Cystic Fibrosis, American Parkinson's Disease Association and The Variety Club Telethon and Dinner with the Stars

PROFESSIONAL AFFILIATIONS

Dance Studies Association | CRE2 WashU Graduate Student | STL Rhythm Collaborative | CommUNITY Arts Foundation | Arts for Life

INDIVIDUAL NOMINATIONS, AWARDS, AND RECOGNITIONS (excluding competitive dance awards)

2025 WashU Center for Race, Ethnicity, and Equity Graduate Student Conference Travel Scholarship Awardee
 2012 Arts for Life Inaugural Educational Scholarship for Students Pursuing a Career in the Arts
 2011-2012 St. Anthony's Medical Center Norbert Siegfried Scholarship
 2011 Spring Outstanding Student Employee, Webster University
 2010 Arts for Life Best Choreography for "Seussical", Maryland Heights CC
 2009-2012 Webster University Academic Scholarship
 2009-2012 Webster University Dean's List
 2009 Sue Stretz-Hakes Scholarship for Dance
 2009 Cappies Comedic & Featured Actress as Babe O'Day in "Good News", Notre Dame HS
 2008 Arts for Life Featured Dancer in "A Funny Thing Happened...", Bravo Theatre Group